

## Family Home Disaster Kit

- Water- (1gallon/person)
- Ready-to-eat canned meats, fruits, and vegetables
- Canned juices, milk, soup (if powdered store extra water)
- Staples-sugar, salt, pepper
- High energy foods-peanut butter, jelly, crackers, granola bars, trail mix

### First Aid Kit

- Sterile adhesive bandages in assorted sizes
- 2-inch sterile gauze pads (4-6)
- 4-inch sterile gauze pads (4-6)
- Hypoallergenic adhesive tape
- Triangular bandages
- 2-inch sterile roller bandages (3 rolls)
- 3-inch sterile roller bandages (3 rolls)
- Scissors
- Tweezers
- Moistened towelettes
- Needle
- Antiseptic
- Thermometer
- Tongue blades (2)
- Tube of petroleum jelly or other lubricant
- Assorted sizes of safety pins
- Cleaning agent/soap
- Latex gloves (2 pair)
- Sunscreen
- Aspirin or nonaspirin pain reliever
- Anti-diarrhea medication
- Antacid (for upset stomach)
- Laxative

### Tools & Supplies

- Mess kits, paper cups, plates, and plastic utensils
- Emergency preparedness manual
- Battery operated radio and extra batteries
- Flashlight and extra batteries
- Cash or traveler's checks, change
- Non-electric can opener, utility knife
- Fire extinguisher: small canister, ABC type
- Tube tent
- Pliers
- Tape
- Compass
- Matches in waterproof container
- Aluminum foil
- Plastic storage containers
- Signal flare
- Paper, pencil and paper
- Needles, thread
- Medicine dropper
- Shut-off wrench, to turn off household gas and water
- Whistle
- Plastic Sheeting
- Map of the area
- Toilet paper, towelettes
- Soap, liquid detergent
- Feminine supplies
- Personal hygiene items
- Plastic garbage bags, ties (for personal sanitation uses)
- Plastic bucket with tight lid
- Disinfectant
- Household chlorine bleach

### Clothing & Bedding

- Sturdy shoes or work boots
- Rain gear
- Blankets or sleeping bags
- Hat and gloves
- Thermal underwear
- Sunglasses

## Special Items

### For Baby

- Formula
- Diapers
- Bottles
- Powdered milk
- Medications

- Entertainment
- Books
- Games
- Playing cards

### For Adults

- Heart and high blood pressure medication
- Insulin
- Prescription drugs
- Denture needs
- Contact lenses and supplies
- Extra eye glasses

### Important Family Documents

- Waterproof portable container
- Will, insurance policies, contracts, deeds, stocks, and bonds
- Passports, social security cards, immunization records
- Bank account numbers
- Credit card account numbers and company names
- Inventory of valuable household goods, important telephone numbers
- Family records (birth, marriage, death certificates)

### For Pets

- Food
- Medication